

“FRESH MEET RETREAT” SCHEDULE

DAY 1: Friday, August 19th

- 10-11:30am:** **Gathering of Upperclassmen, Staff, and Faculty**
-Meet in Atrium. Go over Retreat activities and individual responsibilities. *Staff will hand out itinerary and discuss each individual's responsibility. Nametags will be given. Setup will occur during this time.*
- 12:45-1pm** **Arrival of Participating Freshmen**
-The participating freshmen will be arriving at PKI with belongings. Parking monitors will be assigned, if necessary. Other upperclassmen will help the students place their belongings in restricted area.
- 1-1:25 pm:** **Official Welcome, CEEN Chair, PKI Director, IEEE President**
- 1:25-1:30 pm:** **Introduction of faculty and Staff**
- 1:30-1:35 pm:** **Overview of Today's Activities**
Students will be given a pen and a CEEN booklet full of info, contact numbers, and space to fill in Pod members' names and phone numbers.
- 1:35-2:20 pm:** **Student Personality Matching-** administered by Herb Detloff
All students take a set of tests that determine learning style, personality. They will score these themselves. Pods are determined from test results.
- 2:20-2:35 pm:** **UNO Medical Center Presentation**
Med Center Rep will talk to students about health issues and drugs / alcohol
- 2:35-2:45 pm:** **Student Skit: What Did You Do This Summer?**
Performed by upperclassmen and staff. Focuses on the prospect of internships for CEEN students.
- 2:45-3 pm:** **Overview of Career Resource Center-** Doug Bahle
- 3-3:15 pm:** **Break** – Snacks provided in PKI Atrium.
- 3:15-3:30 pm:** **Mock Student Panel-** Downstairs, Atrium
Upperclassmen will sit on the panel while other upperclassmen/ staff ask various questions about classes, advising, and student life as it pertains to new students. Students and parents may then ask questions.
- 3:30-3:50 pm:** **Pod Development**
Explanation of Pods, Pod components, member responsibilities, etc.

- 3:50-4 pm:** **Student Skit: Pods: Your Family Away From Home**
Performed by Upperclassmen and Staff. Focuses on how Pods work for the benefit of all students.
- 4-4:30 pm:** **Assignment of Pods**
The students will get into their groups and meet each other. Will use an “ice-breaker” activity at this time. Will place contact numbers and names of members in CEEN booklet given at the beginning of the day.
- 4:30-4:45 pm:** **CEEN Tour- Upperclassmen**
A brief tour of PKI and its services as seen by the students. Each Pod will have a unique tour. Gives the freshmen a chance to see what is important to note as a CEEN student.
- 4:45-5:00 pm:** **Break- Bathroom / Beverage Break**
- 5:00-5:15 pm:** **Bus Loading-** Load students on buses, take roll, leave for camp.
- 5:15-6 pm:** **Transport to Site/ Offloading**
- 6-6:30 pm:** **Pods Set Up Camp**
Pods will have to work together to set up their tents and prepare their campsites.
- 6:30-7:30 pm:** **Dinner Break-** hamburgers, hotdogs, etc. will be provided.
- 7:30-9 pm:** **Leisure Time, Fun Activities Free Time**
Students will be able to relax, play cards, or participate in a variety of games and activities that will be set up. Detloff’s band might play!!
- 9-11 pm:** **Campfire Station**
Students will be able to make s’mores, popcorn, roast marshmallows, hotdogs, etc.
- 11 pm:** **Everyone in Tents, Lights Out**

DAY 2: Saturday, August 20th

- 7-9 am:** **Wake Up, Breakfast (Continental), and Prepare for Project**
- 9 am- 12pm:** **Ranger Service Project- Wear long pants!!**
Ranger approved service project – pays for camp rental

- 12- 1 pm:** **Lunch (Sandwiches and chips)**
- 1-2 pm:** **Ranger Activity**
Ranger will take group on a hike, explaining the history of the area.
- 2-3:15 pm:** **Survival Activity**
Volunteer will give a brief outdoors survival presentation
- 3:15- 4:45 pm:** **Water Balloon Activities**
Water Balloon Toss, Water Balloon Launch, Water Balloon Dodgeball
- 4:45- 5 pm:** **Clean Up Camp-** All students walk a grid to ensure all trash is picked up.
- 5- 6 pm:** **Dinner Break-** hamburgers, hotdogs, etc. will be provided.
- 6-7 pm:** **Trust / Teambuilding Activities**
These activities will test student's ability to let go and trust other members of their Pod teams. Several activities are planned: Blindfolded obstacle course, Dragon tail tag, Dare base tag, team games as time permits.
- 7-8 pm:** **1st Pod Meeting**
At the end of the meeting, Pods will tear down their campsite, pack up, final cleanup.
- 8-8:30 pm:** **Chautauqua - Dr. Chen**
Dr. Chen will give some inspiring words of encouragement to the freshmen members of CEEN.
- 8:30-8:45 pm:** **Bus Loading-** Load students on buses, take roll, leave for PKI
- 8:45-9:30 pm:** **Depart for PKI / Offloading**
Freshmen and upperclassmen will return to PKI. Rental items will be returned or stored for return. Feedback from these individuals will also be collected. Any upperclassman wishing to continue camping may do so until Sunday at noon.